

**United States Department of the Interior
BUREAU OF LAND MANAGEMENT
National Human Resources Management Center
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March 3, 2003

EMS TRANSMISSION
Information Bulletin No. HR-2003-036

To: BC, HR, NI, and ST Center Directors
WO 330D, WO 570D Project Managers
Training Coordinators

From: Director, National Human Resources Management Center

Subject: Department of the Interior University Governmentwide Forums

DD: 4/4/03

The Department of the Interior is pleased to announce the Governmentwide Forums, Denver 2003, designed to broaden government employee's knowledge and skills in professional and personal growth, leadership, and transition. Each event in this year's series will include refreshments, an interactive workshop with the author of the featured book, a copy of the book, and book signing. This memorandum is announcing the second event in the series.

April 10, 2003 • C.W. Metcalf

Lighten Up: Survival Skills for People Under Pressure:

Metcalf believes that humor and the creative process are closely linked. To step out of seriousness and into playfulness gives room for innovative ideas and for creative problem solving. You do not need to be born with a sense of humor. Metcalf teaches us the skills we need to not be so hard on ourselves and others; to laugh more easily; and thrive under pressure.

Location: Pines at Genesee, 633 Park Point Drive, Golden, CO

Time: 12:30 p.m. - 01:00 p.m. - Refreshments
01:00 p.m. - 02:30 p.m. – Speaker Forum
02:30 p.m. - 03:30 p.m. - Book Signing

"The root of the word humor is umore which means fluid like water. Humor then, is a set of survival

skills that relieve tension, keeping us fluid and flexible instead of allowing us to become rigid and breakable in the face of relentless change." - C.W. Metcalf

We have purchased 15 tickets for this event. This event is open to all BC, HR, NI, ST, WO 330D, and WO 570D government managers and employees. Please send nominations to your training coordinators by **close-of-business, April 3, 2003**. We will be accepting nomination from training coordinators until **close-of-business, April 4, 2003**. Confirmations messages will be sent to participants by **close-of-business, April 7, 2003**, and tickets will be distributed to confirmed participants by **Close-of business, April 10, 2003**. If interest in participation exceeds the number of tickets we have already purchased, employees may purchase additional tickets for \$80 per ticket.

Posters and brochures advertising the Governmentwide Forums, Denver 2003, are distributed throughout the work areas. Contact Colleen Noble, Human Resources Assistant or Teresa Milner, Human Resources Specialist, if you have questions.

Signed by:
Linda D. Sedbrook
Director, NHRMC

Authenticated by:
Luron Porter
Staff Assistant

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